



# The Day Center at Care Resources



**A Proud Partner of  
the Dementia Institute &  
Kent County Senior Millage**

Improving the lives of seniors facing  
physical and cognitive challenges.

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## Program Options

We offer two program options to meet the needs of participants and their families and caregivers:

**Half Days:** 4 hours between 7:30 AM and 5:00 PM

**Full Days:** 8 hours between 7:30 AM and 5:00 PM

To discuss program eligibility, rates, and scheduling, please contact Care Resources.



## Home Away From Home

**The Day Center at Care Resources** offers a friendly environment for seniors in our community to expand their social network with engaging activities and meaningful group interactions. We provide seniors who are facing caregiving gaps, especially individuals with dementia, a safe setting in one of three different rooms catering to a range of activity levels and social needs.

***"I love coming here because we get to meet new people, play games, do arts and crafts, color and paint, read books, attend Bible studies, exercise, and most of all, have a good time."***

*- Terrie H., Participant*

# The Day Center is designed to offer the highest quality care and support for participants, families, and caregivers.

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## Quality Care at the Center

Care Resources has partnered with the Dementia Institute to ensure the highest level of training for our Day Center care team, which in turn ensures the highest level of care for our participants. Our team includes staff with a range of certifications to:

- Provide care to all of our participants, including those with dementia
- Support other staff while in the Center and in the moment
- Conduct our own in-house dementia training for the entire Day Center care team

# Day Center Benefits

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Participants enjoy access to the following:



Nutritious  
Meals



Healthy  
Snacks



Counseling  
& Support  
Groups



Games &  
Shopping at  
our BINGO  
Store



Movies,  
Music, Crafts,  
& Special  
Events



Outdoor  
Space &  
Relaxation  
Rooms



Computers  
with WiFi



Medication  
Assistance



Gym &  
Exercise  
Classes

# Your Care Partners

**Care Resources** is a community-based program that has been providing day center services for adults since 2006. With locations in Grand Rapids and Lowell, we're able to serve many participants throughout West Michigan.

The **Dementia Institute** offers education, training, and support for individuals with dementia, as well as their families, friends, and caregivers.

**Kent County Senior Millage** helps financially support seniors who may not have the ability to afford day center services. Ask a Care Resources team member if you qualify for support.

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## Learn More & Schedule a Visit!

Contact Care Resources with questions and to schedule a personal tour.

- **Phone:** 800.610.6299 • TTY 711
- **Email:** [info@careresources.org](mailto:info@careresources.org)
- **Visit:** [careresources.org/day-center](https://careresources.org/day-center)
- **Locations:** 4150 Kalamazoo Ave SE, Grand Rapids, MI 49508  
11730 Fulton St E, Lowell, MI 49331