



The Day Center at Care Resources



**A Proud Partner of
the Dementia Institute &
Kent County Senior Millage**

Improving the lives of seniors facing
physical and cognitive challenges.





Home Away From Home

The Day Center at Care Resources offers a friendly environment for seniors in our community to expand their social network with engaging activities and meaningful group interactions. We provide seniors who are facing caregiving gaps, especially individuals with dementia, a safe setting in one of three different rooms catering to a range of activity levels and social needs.

“I love coming here because we get to meet new people, play games, do arts and crafts, color and paint, read books, attend Bible studies, exercise, and most of all, have a good time.”

- Terrie H., Participant

The Day Center is designed to offer the highest quality care and support for participants, families, and caregivers.

Quality Care at the Center

Care Resources has partnered with the Dementia Institute to ensure the highest level of training for our Day Center care team, which in turn ensures the highest level of care for our participants. Our team includes staff with a range of certifications to:

- Provide care to all of our participants, including those with dementia
- Support other staff while in the Center and in the moment
- Conduct our own in-house dementia training for the entire Day Center care team

Day Center Benefits

Participants enjoy access to the following:



Nutritious
Meals



Healthy
Snacks



Counseling
& Support
Groups



Games &
Shopping at
our BINGO
Store



Movies,
Music, Crafts,
& Special
Events



Outdoor
Space &
Relaxation
Rooms



Computers
with WiFi



Medication
Assistance



Gym &
Exercise
Classes



Program Options

We offer two program options to meet the needs of participants and their families and caregivers:

- **Half Days:** 4 hours between 7:30 AM and 5:00 PM
- **Full Days:** 8 hours between 7:30 AM and 5:00 PM

To discuss program eligibility, rates, and scheduling, please contact Care Resources.

Your Care Partners

Care Resources is a community-based program that has been providing day center services for adults since 2006. With locations in Grand Rapids and Lowell, we're able to serve many participants throughout West Michigan.

The **Dementia Institute** offers education, training, and support for individuals with dementia, as well as their families, friends, and caregivers.

Kent County Senior Millage helps financially support seniors who may not have the ability to afford day center services. Ask a Care Resources team member if you qualify for support.

Learn More & Schedule a Visit!

Contact Care Resources with questions and to schedule a personal tour.

- **Phone:** 800.610.6299 • TTY 711
- **Email:** info@careresources.org
- **Visit:** careresources.org/day-center
- **Locations:** 4150 Kalamazoo Ave SE, Grand Rapids, MI 49508
11730 Fulton St E, Lowell, MI 49331