

Promoting healthy independence





### Supporting you at home

Care Resources is a communitybased program for people 55 years or older that promotes healthy, independent living and helps prevent nursing home placement.

We are part of something bigger Care Resources is a Program of All-inclusive Care for the Elderly (PACE®). The PACE model is a national, all-inclusive healthcare program that uses Medicare and Medicaid funds to cover all of your medically-necessary care and services.

# YOU are the center of all we do



### A team approach to care

Our Care Resources team of healthcare professionals works with you and your family to develop a comprehensive care plan—helping you make medical decisions every step of the way. Care is delivered at our full-service Primary Care Clinic, our adult Day Center, and through a network of community providers.

Our Care Resources team includes physicians, nurses, social workers, dieticians, therapists (physical, occupational, and recreational), home care coordinators, and other staff.



### Welcome to the Day Center

The Day Center promotes socialization, community, and offers caregivers respite. You will be provided a healthy meal and take part in a wide-variety of activities, which may include:

- Art & crafts
- BINGO
- Board, trivia,
   & Wii games
- Card games
- Computers with free WiFi
- Educational classes
- Exercise groups

- Group events
- Movies
- Musical performances
- Nutritional counseling
- Religious programs
- Support groups

We provide transportation to and from Care Resources and approved medical appointments for everyone enrolled in our program.



## Q Day Center & Clinic On-site physician

- Pharmacy/medications
- Medical transportation
- Nursing care
- Physical therapy
- Occupational therapy
- Speech therapy
- Activities & exercise
- Nutritional counseling
- Social services



### **Medical Specialists**

- Hospital care
- Emergency services
- Women's health services
- Dentistry
- Optometry (vision)
- Audiology (hearing)
- Podiatry (foot care), diabetic shoes, & orthotics
- Cardiology
- Rheumatology
- Psychiatry



#### Home Health

- Home care services
- Family/caregiver support
- Rehab & durable medical equipment
  - -Wheelchairs & walkers
  - -Oxygen
  - -Diabetic testing supplies

For most who qualify, there are no premiums, deductibles, or co-pays for any service (unless a person goes into a nursing home for more than 30 days).

Services must be pre-approved. Not all people in PACE receive all these services.

### Care Resources PACE eligibility:

- 55 years or older
- Resident of Kent County or these select zip codes in Allegan, Barry, Ionia and Ottawa Counties: 48809, 48815, 48846, 48849, 48865, 48881, 48897, 49058, 49302, 49315, 49316, 49323, 49325, 49328, 49331, 49333, 49344, 49348, 49418, 49428, 49435, 49534, 49544
- Able to live safely in the community when you join PACE
- Meet the State of Michigan nursing facility level of care

Call our Intake Team at 616–913–2006 or 800–610–6299 for more information.

### To learn more, contact us today!

Schedule a personal tour to see first-hand the unique services we provide.

616-913-2006 • 800-610-6299 • TTY 711

Participants may be liable for the costs of unauthorized or out of network services (except in emergency situations).



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